

# TRINITY Hills

A Senior Living Community



# Welcome

## to TRINITY Hills of Knoxville



Trinity Hills of Knoxville offers Assisted Living, Independent Living and Memory Care in an environment that feels like home providing the privacy and security you desire. Our staff works around the clock to assist with your needs and to ensure your well-being. Trinity Hills is equally committed to meeting your spiritual needs in a community where love and care reflects our Christian faith.

Located in East Knoxville, Trinity Hills is within minutes of grocery stores, a shopping center, a community center, and local churches. Daily transportation is available to help maintain your independence and mobility within the community. Additionally, planned group outings help keep our residents involved and active in a variety of local events.

Living at Trinity Hills is not only comfortable, it is affordable. We have very competitive rates and service plans that are easy to understand. Our professional staff will assist you in developing a service plan tailored to meet your individual needs. Our sincere commitment to providing care and service will make you glad you selected Trinity Hills as your new home.

We look forward to answering any questions you have about living at Trinity Hills. You can reach us at 329-3292.



## Services & Amenities

■ The Lighthouse/Assisted/Independent   ★ Assisted/Independent Only

### Dining

- Three balanced meals served daily in our spacious dining room
- ★ Private dining room available for special occasions
- Menu planning by dietary consultant

### Services

- All utilities paid (except phone)
- Weekly housekeeping and flat linen service
- Daily trash removal
- Scheduled transportation
- 24-hour staffing
- Wellness programs
- Assistance with daily activities as needed
- Medication reminders
- On-site maintenance

### Amenities

- Beauty salon and barber shop
- Courtyard with walking paths
- ★ Web-based family communication system
- ★ Library and Game Room
- ★ Great room with baby grand piano
- ★ Individual mailboxes

### Apartment Features

- ★ Kitchenette equipped with small refrigerator/freezer, and microwave
- Individually controlled air-conditioning and heating system
- Mini-blinds
- Assistance call system
- Smoke detectors
- Sprinkler system
- ★ Two bedroom is equipped with dishwasher

### Activities

- Arts and crafts
- Group outings
- Chapel/Bible studies
- Holiday programs
- Exercise programs
- Theatre/Activity room
- Raised garden beds

- No alcohol, no tobacco
- No firearms



## Apartment

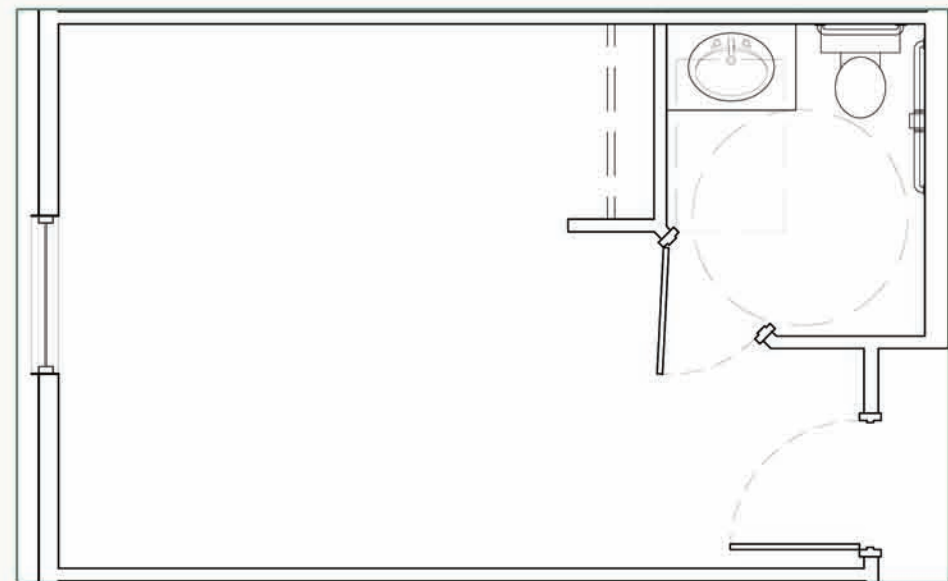
## Rate

**Lighthouse** ( 1 BR, 228 sq. ft. )

\$3,600

Alzheimer's disease and progressive dementia affect millions of senior adults and we realize that the care needed to ensure their safety and care requires a commitment to a stimulating environment that is home-like while providing quality living that enriches their faith. Trinity Hills offers a carefree, beautifully appointed, spacious and safe environment for your family member. Our expert staff provides personal attention including programs tailor made to suit their needs. It also includes an outdoor courtyard and additional amenities which create a sense of familiarity and comfort for your family member.

Trinity Hills provides both a Memory Care Unit for those requiring residential care as well as Senior's Day Out®, an adult day care program. Trinity Hills provides ongoing support and educational programs for those suffering from these ailments. Take comfort in knowing that these programs and our specialized staff will treat your loved ones like our own family.



Trinity Hills Service' Levels are designed with the dignity of the resident in mind and with the goal of keeping them as independent as possible. Each resident will be assessed as part of the application process to determine the most appropriate service level. Additionally, there will be regularly scheduled evaluations to ensure each resident is receiving the most appropriate care.

**Assisted Living Level One** *Level One* is for those residents who need only minimum assistance with daily activities.

- General Oversight
- Well-being Checks
- Minor Dressing in the AM

**Assisted Living Level Two** *Level Two* is for those residents who need some additional assistance with daily activities.

- General Oversight
- Well-being Checks
- Minor Dressing in the AM
- Medication reminders or one of the following:
  - Daily Dressing Assistance in the AM and PM
  - Bathing Assistance
  - Laundry Assistance

**Assisted Living Level Three** *Level Three* is for those residents who need added assistance with daily activities to help them maintain their independence.

- General Oversight
- Well-being Checks
- Minor Dressing in the AM
- Two of the Following:
  - Daily Dressing Assistance in the AM and PM
  - Bathing Assistance
  - Laundry Assistance
  - Medication Reminders

**Assisted Living Level Four** *Level Four* is for those residents who need full assistance with daily activities to maximize their independence.

- General Oversight
- Well-being Checks
- Dressing assistance in the AM and PM
- Bathing Assistance
- Hygiene and Grooming assistance
- Medication reminders
- Scheduled Monitoring
- Mealtime Reminders
- Laundry Assistance



# Floor Plans

# Assisted Living Rates



## Notes

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Apartment	Level One	Level Two	Level Three	Level Four
<b>IL Studio</b> ( 408 sq. ft. )	\$2,000			
<b>IL One Bedroom</b> ( 495 sq. ft. )	\$2,200			
<b>IL Two Bedroom</b> ( 783 sq. ft. )	\$2,550			
<b>Assisted Studio</b> ( 346 sq. ft. )	\$2,650	\$2,850	\$3,150	\$3,550
Fee Per Additional Person	\$300	\$400	\$500	\$600

\* Rates as of August 2009

## Notes

- \$1,250.00 Community Fee (one-time fee, non-refundable fee)
- \$250.00 Deposit – Non-refundable (30 day hold, applied to community fee)
- \$250.00 Deposit – Refundable (to be placed on waiting list, applied to community fee)
- 1 Year Contract, non-binding, 30 day move-out notice required



# Notes

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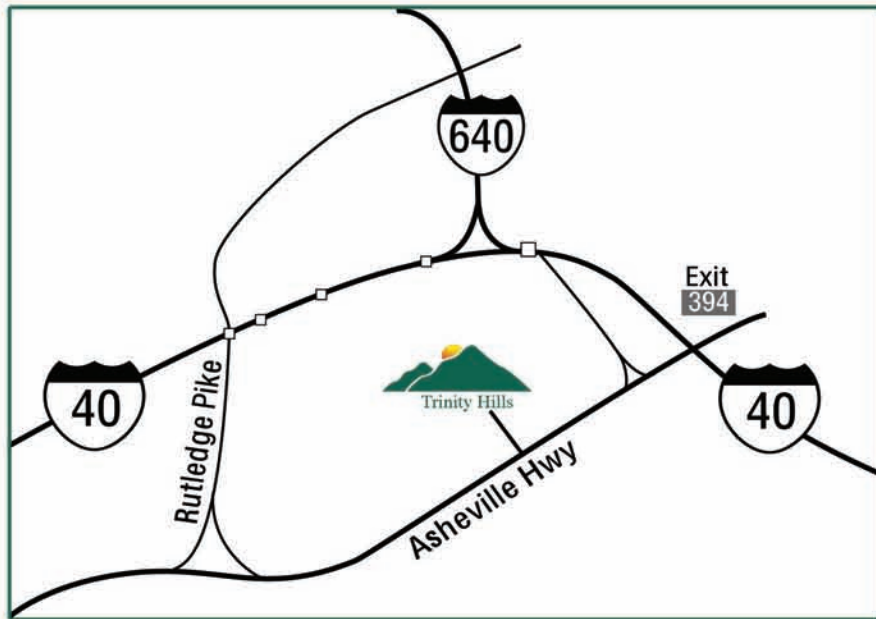
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